

## **ST BERNARD'S** HIGH SCHOOL

Date: Friday 21<sup>st</sup> March 2025 Our ref: OSC/sjt

Dear Parent/Carer,

## **Re: Fidget Devices**

I hope this letter finds you well. We would like to take this opportunity to clarify the school's position on the use of fidget devices in lessons. While we recognise that some students benefit from these tools as part of their learning support strategies, we have noticed an increasing number of students using fidget devices inappropriately: Trading them, playing with them, and using them as toys rather than as a means of supporting concentration and focus. To ensure that fidget devices remain a helpful support tool, we ask that only students who have been allocated a 'fidget pass' by the Learning Support Department bring and use them in lessons. These passes are issued to students who have a specific need for them, and staff are aware of who these students are.

Additionally, we ask that all fidget devices used in school adhere to the following guidelines:

- Fidgets should not be traded between students.
- No more than one fidget should be out at a time in lessons.
- Fidgets should not be distracting to others.
- Fidgets should be small enough to fit in a closed fist.

If your child does not have a fidget pass, we kindly request that they do not bring fidget items into school. Any fidget devices used inappropriately during lessons will be confiscated, and repeated misuse may result in further action. We appreciate your support in helping us maintain a focused and effective learning environment for all students. If you believe your child requires a fidget device for learning purposes, please contact the Learning Support department to discuss their needs. Thank you for your cooperation.

Yours Sincerely,

Mr O St Clair Head of Year 7

