



Date: Friday 7th March 2025

Dear Parent/Carer,

Re: Spring Term Career Insight Activities, Events, and Workshops

At St. Bernard's, we are committed to equipping our students with the knowledge and confidence to explore their career paths. This term, we are excited to offer a range of **Career Insight Activities, Events and Workshops** to support National Apprenticeship Week (#NAW) and National Careers Week (#NCW).

Career Events and Activities

- **Careers in Form Time** – engaging career exploration activities and quizzes.
- **Labour Market Information (LMI) Workshops** – Year 9 students, supported by the DWP, will explore career trends, using the Prospects site ([Prospects | Job & Course Search | Career & University Advice](#)).
- **Employer and Training Provider Insights** – Year 12 and 13 students will explore vocational qualifications and degree apprenticeships with University College South Essex, while Year 9 will learn about apprenticeships with Kleek Academy.
- **Curriculum Vitae Workshops** – Year 10 students will enhance their employability with DWP workshops.
- **Allied Healthcare Professions (AHP) Career Insight Day** – Year 12 students interested in healthcare careers will visit the University of Essex (Southend Campus).
- **Staff Career Skills Sharing** – Our staff will share their career journeys, giving invaluable insights into various professional pathways.

Careers Fair – Get Involved!

We are also excited to host our Careers Fair on **Wednesday 23rd April**, where students in Years 7-13 will engage directly with employers and training providers. We warmly invite members of our parent/carer community to host a stall and share personal insights into your jobs, roles, or career journeys. If you are interested in attending for the whole morning or part of it, please contact Mrs. Phillips at lph@stbernards.southend.sch.uk. Your participation would provide invaluable inspiration for our students!

Parent/Carer Guide to Careers 2025

We are pleased to share *The Parents' Guide To*—a fantastic resource designed to support parents and carers with clear, unbiased advice on post-school options, study strategies, exam revision, and student wellbeing. Created in partnership with National Careers Week, this guide provides valuable insights for parents and carers to help young people explore their future pathways and have informed discussions about their career aspirations.

Link to *The Parents' Guide To* - <https://nationalcareersweek.com/ncw25pg/>



Apprenticeships – How to support your child's career journey?

Wednesday 19th March (6pm-6.30pm) – Online webinar

We invite you to join our guest Claire Mackaness from ASK Apprenticeships as she shares insights into apprenticeships as a valuable post-16 alternative and how to support your child's journey. Once seen as a pathway for traditional trades, apprenticeships now span **over 700 careers**, including aviation, healthcare, law, and veterinary science. They offer young people the chance to **earn while they learn**, gaining industry experience and qualifications—including degrees—without following the traditional university route. This session will be a fantastic opportunity to explore the evolving world of apprenticeships and the exciting possibilities they offer. **We will share a 'Teams' link nearer the time.**

We encourage you to discuss these activities with your child and support them in reflecting on their career interests. Please do get in touch if you have any questions. Thank you for your continued support in helping our students explore their futures with confidence!

With kind regards,

Mrs Liza Phillips

Careers Coordinator