

2022-2023 INFORMATION FOR PARENTS / CARERS



St Bernard's is a school community which aims to live by Jesus' commandment
'Love one another as I have loved you'.

St Bernard's High School
Milton Road
Westcliff
Essex
SS0 7JS

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E-Mail: office@stbernards.southend.sch.uk
Office opening hours: 8am-4.30pm

SCHOOL YEAR TERM DATES & TIMINGS OF SCHOOL DAY 2022-2023

AUTUMN TERM 2022:

Term Begins: Monday 5 September
Half Term: Monday 24 to Friday 28 October
Term Ends: Tuesday 20 December

SPRING TERM 2023:

Term Begins: Friday 6 January 2023
Half Term: Monday 13 February to Friday 17 February 2023
Term Ends: Friday 31 March 2023

SUMMER TERM 2023:

Term Begins: Monday 17 April 2023
Public Holiday: Monday 1 May 2023 / Monday 8th May 2023
Half Term: Monday 29 May to Friday 2 June 2023

Term Ends: Friday 21 July 2023

INSET DAYS:

Thursday 1 September 2022
Friday 2 September 2022
Monday 17 October 2022
Friday 2 December 2022
Thursday 5 January 2023
Monday 5 June 2023

OTHER IMPORTANT DATES:

Year 12 Open Evening- Wednesday 9 November 2022
Year 9 Options evening- Tuesday 24 January 2023
Year 5 Open Evening – Wednesday 5 July 2023

Times of the School Day	
School Starts	8.45am (gate closes)
Registration / Form Time	8.50am to 9.10am
Lesson 1	9.10am-10.50am
Break	10.50am-11.10am
Lesson 2	11.10am-12.50pm
Lunch Time	12.50pm-1.50pm
Lesson 3	1.50pm-3.30pm



REPORTS AND PARENTS' MEETINGS 2022-23

Year Group	First Report	Second Report	Third Report	Parents' Evening / Beginning of Consultations
Year 7	7 October 2022 (Settling in report)	12 December 2022	28 April 2023	10 October (settling in meeting with the form tutor) 16 May 2023
Year 8	12 December 2022	28 April 2023	17 July 2023	2 May 2023
Year 9	20 January 2023	9 June 2023		31 January 2023
Year 10	11 November 2022	3 March 2023	14 July 2023	14 March 2023
Year 11	1 December 2022	24 March 2023	12 May 2023	5 December 2022
Year 12	7 October 2022 (Settling in report)	10 March 2023	14 July 2023	10 October (settling in meeting with the form tutor) 21 March 2023
Year 13	1 December 2022	24 March 2023	2 May 2023	12 December 2022



SCHOOL UNIFORM AND EQUIPMENT

Students at St Bernard's are expected to wear the correct school uniform at all times (see planner for full details) and take pride in what their uniform signifies.

The following is a list of permitted items of school clothing to be worn by students:

- **Jumper:** Navy blue with badge to provide protective clothing for Art lessons.
- **Blouse:** Years 7-9: blue/white check - Years 10-11: white
- **Skirt:** Navy blue mid knee or below the knee
- **Trousers:** Navy blue
- **Socks:** Navy blue, black or white, knee high or ankle (no logos)
- **Tights:** Navy blue, black or flesh colours (no patterns)
- **Shoes:** Sensible black low heeled, 2.5 maximum. No platforms, stilettos, sling backs, sandals, trainers plimsolls or boots are allowed. This includes ankle boots with the exception of Kicker High Tops
- **Coat:** A plain coat in a single dark colour in a suitable style for school. (No leather, denim or sweatshirts may be worn)

P.E Uniform

All garments should be clearly marked with the owner's name.

- **Shirt:** Navy blue with logo
- **Tracksuit:** Navy blue with logo
- **Leggings:** Navy blue with logo
- **Shorts:** Navy blue with logo – 2 styles available
- **Hooded Top:** Navy blue with logo

School uniform is available from: Pauls', 38-40 Southchurch Road, Southend Essex SS1 2ND

The school also has a selection of pre-loved uniform. Please contact the school for further details

Students are also asked to have available:

- Bible
- English Dictionary
- Modern Foreign Language Dictionary
- Scientific calculator
- Pencil case with relevant pens and pencils including a green pen for self and peer assessment
- Geometry kit including a protractor and compass

No correction fluid is allowed in school

Most items are available from the on-site school shop (located in the reprographics room)



Additional information

Students may wear a watch but smart watches are not allowed

Hair accessories should be in navy blue, black or brown

Hair should be of a natural colour

One pair of ear studs (one in each lobe). Students are not permitted to have any other piercings

Nail varnish, and makeup are not allowed. This includes false eyelashes and false nails or extensions

More detail is found in the school planner and behaviour policy.

For further clarity, please speak to:

- Reception
- Pastoral Team

Or:

- Email parentalconcerns@stbernards.southend.sch.uk



SCHOOL RULES AND PROCEDURES

- All students should aim for 100% attendance. If a student is not in school. A justifiable reason should be given by the parent/carer either by phoning the school or via the school gateway app
- All students should be punctual to school and arrive before 8.45 am. All students should be punctual to the start of lessons
- All students are expected to be in full school uniform at all times.
- All students are expected to travel to and from school and whenever representing the school in a safe, sensible and courteous manner.
- All students should show respect and courtesy to the school community. This includes the use of school facilities and equipment as well as being sensible and respectful in the corridors and the school grounds.
- Students are not permitted to eat in their form rooms drink
- Chewing gum is prohibited
- Students should wait outside classrooms in an orderly manner for the member of staff to arrive. Sixth form should enter the classroom and be ready for the lesson to begin.
- St Bernard's' has a zero tolerance towards the possession, use or supply of illegal and unauthorised drugs. This also includes cigarettes, vapes and lighters. Disobey a reasonable request of a member of staff or speak to staff in an insolent, offensive or abusive manner.
- St Bernard's has a zero tolerance towards bringing into School or taking on a School visit or purchase on a School visit a knife, a gun or any other implement which has the potential to cause harm to others.
- Students must not behave aggressively, provocatively or offensively towards others either in School, travelling to and from School or online, whether physically, verbally, in writing or by electronic means.
- Students must not abuse Information Technology either within the School or through communication with members of the School from outside the School.
- Students are not permitted to have mobile phones or other devices on during the school day.

Further details on 'school rules and procedures' can be found in the school planner and the behaviour policy



EXTRA-CURRICULAR ACTIVITIES

The School offers a wide range of extra-curricular activities for students in all Years with the activities arranged either before School, at lunchtime or after School. The below list gives examples of some of the many opportunities available to students. Students are encouraged to speak to their teachers about the many different activities available to them.

Homework / Private Study and Lunchtime Learning: Every day the school offers opportunities for students to have access to the library for private study.

Sport: Netball / Cheer Leading / Dance / Badminton / Basketball / Running / Benchball, Dodgeball

Specialist Subjects: Astronomy / Textiles / Bronze Arts Awards / Photography / Silver Arts Awards

Music: Choir / Chamber choir / Orchestra

Societies: Debating Society

Journalism: Journalism Team

Field Visits: Biology / Chemistry / Geography / History

Subject Session Support: Food & Nutrition / History / Psychology / Graphics / English

Geography: Year 10 and Year 12 students have compulsory field work trips and the general summary is shown below.

- Year 10 GCSE Geography students carry out physical and human Geography fieldwork trips as part of their GCSE Geography curriculum.
- The physical Geography field work trip to Walton-on-the-Naze focuses on coastal erosional processes, and the human Geography field work trip to Stratford, London focuses on regeneration issues.
- The Year 12 Geography field work trip to the Isle of Arran, Scotland includes both physical and human Geography investigations.

Dance:

- Tuesday lunchtime Year 7 Dance Club run by 6th form A Level Dance students
- Friday lunchtime Year 8/9 GCSE Dance Club for students interested or planning to take GCSE Dance
- Friday afterschool St Bernard's Dance Company rehearsals- by audition only
- Theatre Trips for Dance Students once a year

House Competitions: Drama, Various Sport Competitions, English Poetry Inter-House Competition

Other Activities: Duke of Edinburgh Award, Annual Ski Trip, Youth SVP



Cultural / Educational Visits:-

Art

- Year 12 & 13 Amsterdam / Venice residential visit (alternate years)
- Year 10 National Portrait Gallery
- Year 8 National Gallery

Drama:

- Autumn Term – KS5 theatre visits
- Spring Term – KS4 and 5 theatre visits
- Summer Term – KS3 KS4 & KS5 theatre visits (Optional)

Dance:

- GCSE and A-Level students will regularly (once a year) take part in a practical Dance workshop with a visiting practitioner.
- Dance students will most years have the opportunity to go and see a live performance.

RE

- Year 10 visit the Synagogue in Finchley, North London

PE

- GB Athlete for a day for Cultural week
- HPU (Human Performance Unit) Campus in Colchester for GCSE and A Level student
- Careers and Educational.



GOVERNANCE

Mrs L Lancaster	(Chair)
Mrs A Moise-Dixon	(Head Teacher)
Mrs P Blight	(Foundation)
Mrs A Chrabaszcz	(Parent)
Mrs C Clark	(Foundation)
Mr R Calton	(Foundation)
Mrs J Gordon	(Parent)
Mr M Harnetty	(Foundation)
Mrs A Horn	(Parent)
Mrs S Jones	(Foundation)
Mrs L Norris	(Foundation)
Mr M O'Sullivan	(Vice Chair)
Mrs J James	(Foundation)

Governors are also the trustees of this single academy trust.

The Members of the trust are the Bishop of Brentwood Diocese, the Trustees of the Diocese of Brentwood and the Chair of Governors.

