



**ST BERNARD'S  
HIGH SCHOOL  
EXTRA-CURRICULAR  
ACTIVITIES  
2025-2026**

# Extra-Curricular Activities – 2025-2026

## Monday

	Activity	Department	Time	Year Group	Staff/Club Leader	Location	Further Information
<b>Personal Study/Homework/Student Support Clubs</b>	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	
	Chaplaincy Club	RE	12.50pm-1.35pm	All	Mr Young	Chapel/E25	Can bring lunch - lunch passes provided
	Homework Club	Learning Support	8.15-8.40am 12.50-1.35pm 3.20-4.30pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
<b>Performing and Creative Arts</b>	Chamber Choir	Music	1.00-1.30pm	All	Mrs Halliday and Mrs Githu	A21	Audition required – speak to Mrs. Githu.
	Musical Theatre	Drama	1.00-1.30pm	All	Mrs Lebeter	A31	Eat first.
	XC Rehearsals	Drama	3.30-4.30pm	9-13	Mrs Bell	A1	After auditions have taken place.
	International Women’s Day	Art	1.00-1.30pm	All	Miss Dellaporta	W13	Sign-up outside W13 required
<b>Subject Specific Extra-Curricular Clubs</b>	Maths Buddies	Maths	1.00-1.30pm	All	Maths staff rota (Mr Miller)	W21	Maths Buddies
	Classics Club	Classics	1.00-1.30pm	All	Ms Flaherty	E03	A carousel of activities linked with classical civilisation
	Quiz Club	House Captains	1.00-1.30pm	All	Clairvaux House Captains (Miss Hill)	W24	

<b>Head Student Team and House Captain led activities</b>	Computer Access	IT	1.00-1.30pm	All	6 <sup>th</sup> Form IT Prefects	E22	Computers are available to use for homework – eat before coming along
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### Tuesday

	Activity	Department	Time	Year Group	Staff/Club Leader	Location	Further Information
<b>Personal Study/Homework/Student Support Clubs</b>	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	
	Homework Club	Learning Support	8.15-8.40am 12.50-1.35pm 3.20-4.30pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
<b>Performing and Creative Arts</b>	Orchestra	Music	1.00-1.30pm	All	Mrs Githu	A21	Must be able to play an instrument - lunch pass provided.
<b>Subject Specific Extra-Curricular Clubs</b>	Maths Buddies	Maths	1.00-1.30pm	All	Maths staff rota (Mr Miller)	W21	Maths Buddies
	Anime Club	Science	1.00-1.30pm	All	Dr Holehouse	E16	Students must eat prior to/after club.
	Debate Club	History/PSHE	1.00-1.30pm	All	Ms Lynch/Mrs Thomas	E02	
	Homework Club	House Captains	1.00-1.30pm	All	Annay House Captains (Miss Hill)	E25	

<b>Head Student Team and House Captain led activities</b>	Computer Access	IT	1.00-1.30pm	All	6 <sup>th</sup> Form IT Prefects	E22	Computers are available to use for homework – eat before coming along
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# Extra-Curricular Activities – 2025-2026

## Wednesday

	Activity	Department	Time	Year Group	Staff/Club Leader	Location	Further Information
<b>Personal Study/Homework/Student Support Clubs</b>	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	
	Homework Club	Learning Support	8.15-8.40am 12.50-1.35pm 3.20-4.30pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
<b>Sporting and Fitness Activities</b>	Cross Country	PE	8.00-8.35am	All	Mr Phillips/ Mr St Clair	Off site	Students arrive in full PE kit and change into their uniform after club. Sign up required.
	Volleyball/Table tennis	PE	1.00-1.30pm	All	Miss Trigg	BH1	Trainers required
<b>Performing and Creative Arts</b>	Art Club	Art	1.00-1.30pm	10-13	Mrs Every	S15	
	Maths Buddies	Maths	1.00-1.30pm	All	Maths staff rota (Miss Faulkner)	W21	Maths Buddies
<b>Subject Specific Extra-Curricular Clubs</b>	Medical/Allied Health Forum	Careers	1.00-1.30pm	12-13	Mrs Phillips	TBC	Email Mrs Phillips to sign up
	Creative Writing	English	12.50-1.15pm	All	Mr. McGorry	SF22	
	Board Game Club	House Captains	1.00-1.30pm	All	Melrose House Captains (Miss Hill)	E12	

<b>Head Student Team and House Captain led activities</b>	Computer Access	IT	1.00-1.30pm	All	6 <sup>th</sup> Form IT Prefects	E22	Computers are available to use for homework – eat before coming along
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## Extra-Curricular Activities – 2025-2026

### Thursday

	Activity	Department	Time	Year Group	Staff/Club Leader	Location	Further Information
<b>Personal Study/Homework/Student Support Clubs</b>	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	
	SVP Ministry	RE	1.00-1.30pm	All	Mr Young	E21	Can bring lunch - lunch passes provided
	Homework Club	Learning Support	8.15-8.40am 12.50-1.35pm 3.20-4.30pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
<b>Performing and Creative Arts</b>	Choir	Music	1.00-1.30pm	All	Mrs Halliday and Mrs Githu	A21	Can bring lunch, lunch pass provided
<b>Subject Specific Extra-Curricular Clubs</b>	Maths Buddies	Maths	1.00-1.30pm	All	Maths staff rota (Mr Miller)	W21	
	Crochet Club	Maths	1.00-1.30pm	All	Ms Rush	N13	Cold food only in classroom. Sign Up sheet in Maths office. 20 beginner spaces. If you are a confident crocheter, come along with your own project and possibly help the beginners.
	Law Forum	Careers	1.00-1.30pm	12-13	Mrs Phillips	TBC	Email Mrs Phillips to sign up
	Geography/Sustainability	Geography	1.00-1.30pm	All	Mrs Armstrong	E12	Can bring lunch - lunch passes provided



<b>Head Student Team and House Captain led activities</b>	Just Dance Club	House Captains	1.00-1.30pm	All	Fountains House Captains (Miss Hill)	A1	
	Computer Access	IT	1.00-1.30pm	All	6 <sup>th</sup> Form IT Prefects	E22	Computers are available to use for homework – eat before coming along

**Extra-Curricular Activities – 2025-2026**

**Friday**

	<b>Activity</b>	<b>Department</b>	<b>Time</b>	<b>Year Group</b>	<b>Staff/Club Leader</b>	<b>Location</b>	<b>Further Information</b>
<b>Personal Study/Homework/Student Support Clubs</b>	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	
	Homework Club	Learning Support	8.15-8.40am 12.50-1.35pm 3.20-4.30pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
	Cross Country Club	PE	3.30-4.15pm	All	Mr St Clair	Off Site	Full PE kit and sign-up required
<b>Performing and Creative Arts</b>	Dance Company	Dance	3.45-4.45	8-13	Mrs Alexander	A31	For members only. Auditions run once a year in the Summer term.
	LAMDA Club	Drama	1.00-1.30pm	Selected students	Mrs Bell	A1	For Students who have been allocated a place through ParentPay
	Rock Band	Music	1.00-1.30pm	All	Mrs Githu/ Mr Fletcher	A26	Existing members, speak to Mrs Githu if you are interested in joining – bring lunch
	Theatre Club	Drama	1.00-1.30pm	All	Drama Prefects (Mrs. Bell)	A2	An opportunity to watch recordings of a range of plays and live theatre productions. Bring lunch.
	Maths Buddies	Maths	1.00-1.30pm	All	Maths staff rota (Mr Miller)	W21	Maths Buddies

<b>Subject Specific Extra-Curricular Clubs</b>	Board Games	Maths	3.30-4.45pm	All	Ms Rush	N13	No sign-up required
	Code Club	Computing	1.00-1.30pm	10-13	Mrs Hopgood-Hall	A13	No food in the computing classroom - eat before you come.
	Law Forum	Careers	1.00-1.30pm	12-13	Mrs Phillips	TBC	Email Mrs Phillips to sign up
	History Film Club	History	1.00-1.30pm	All	Mr Browne	E01	
<b>Head Student Team and House Captain led activities</b>	Book Club	House Captains	1.00-1.30pm	All	Rievaulx House Captains (Miss Hill)	E17	
	Computer Access	IT	1.00-1.30pm	All	6 <sup>th</sup> Form IT Prefects	E22	Computers are available to use for homework – eat before coming along

## Extra-Curricular Activities – 2025-2026

### On-site, Fee-Paying Community Clubs

Day	Activity	Time	Year Group	Club Contact	Location
Monday	Children's Basketball	5.00pm-6.30pm	All ages	Scorpions_basketball@outlook.com	BH1
	Men's Basketball	7.00pm-9.00pm	Adult	Scorpions_basketball@outlook.com	BH1
	Children's Martial Arts	5.00pm-7.30pm	All ages	essex@mattfiddes.com	A31
Wednesday	Yoga	7.30pm-8.30pm	Adult	sophierossell@mail.com	A31
Thursday	Zumba	6.30pm-7.30pm	Adult	Vickster8@hotmail.com	A31
Friday	Make Believe (Performing Arts)	6.00pm-8.30pm	All ages	southend@makebelievegroup.co.uk	A1, A2, A21