Day	Before School	Lunchtime Clubs	After School
	Clubs	See kit requirements	PE Kit to be worn for all activities
Times	8am to 8.40am	1pm to 1.35pm	3.20pm to 5.00pm
Monday	Activity: Year 9-10 Basketball Location: BH1 Staff: DRP *trainers only	Activity: Year 7-8 Football Club Location: BH1/MUGA Staff: JFR and Southend Coaches	Activity: Year 7-8 Netball Location: BH1/Playground Staff: GWA Activity: U15 Football Squad Location: Off Site Staff: JFR/JMI
Tuesday		Activity: Badminton Y9-11 inc GCSE Location: BH1 Staff: JFR *trainers only	Activity: Year 7-8 Basketball Location: Staff: External Coaches (Scorpion) *By invite only
Wednesday		Activity: Year 7-10 Netball & Basketball Shooting Location: BH1 Staff:CRW *trainers only	Activity: Year 9-11 Netball Location: BH1 Staff: SHI/CRW Activity: U13 Football Squad Location: Off site Staff: DRP
Thursday	Activity: Y7-8 Basketball Location:BH1 Staff: CRW *trainers only	Activity: Y7-11 Volleyball & Table Tennis Location: BH1 Staff: GWA *trainers only	
Friday		Activity: GCSE Catch Up / Intervention / Revision Location: E22 Staff: SHI Activity: Y7-8 Badminton Location: BH1 Staff: GWA	Activity: Y7-10 Cross Country / Run Club (3.20pm-4.15pm) Location: Changing Rooms Staff: DRP/OSC/DEL Activity: Y9-11 Basketball Club Location: Staff: External Coach Scorpions
		Activity: Y9-10 Football Location: MUGA Staff: DRP	